



Transform your body.
Transform your life.™

BENew™ – Be the Best You Yet

Achieving renewal through simplicity is the driving force behind the BENew™ Program. Simply stated, BENew™ is the ideal nutrition, fitness and weight loss system available for individuals like you who live a busy, active lifestyle and need a more effective, efficient way to become their very best.

At the core of the BENew™ program are three dynamic nutritional supplements whose ingredients serve three distinct purposes:

- » **Metabolism Booster** – a cutting-edge mix that boosts the body's metabolism and promotes weight loss
- » **Protein Shake** – a delicious shake formula designed to aid weight loss and lean muscle development with a blend of proprietary vitamins, minerals and proteins*
- » **Gentle Cleanse** – a blend that gently and gradually cleanses your digestive system without disrupting your diet or lifestyle*

To enhance the value of BENew™, we have created customized meal and fitness programs. The meal plan features satisfying, easy-to-prepare recipes that include a vegetarian option, and the fitness plan uses high-intensity-interval-training (HIIT) for maximum results in the least amount of time – so you can bring your body into peak vitality while keeping the rest of your life in balance.

Every aspect of the BENew™ program is simple, making it a perfect fit for today's increasingly busy world. Simple food, simple nutrition and simple fitness—with no calorie-counting, frozen meals or lengthy workouts. You deserve to be your best, so take a minute to examine your life and consider how a realistic program using real food could make a difference for you. Discover the simple joy of renewal with BENew™ and learn how easy it is to *Transform your body* and *Transform your life*.





BE NEW™
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Metabolism Booster

Based on the science of thermogenics, the BENew™ Metabolism Booster helps you unleash your weight loss and fitness potential by harnessing your body's own furnace. The cutting-edge ingredients in this product boost your natural energy and metabolism throughout the day.*

Key active ingredients: Green coffee bean and white kidney bean extract, Meratrim®, and raspberry ketone.

Protein Shake

Meal Replacement

Whether you want to slim down or lean up, the BENew™ healthy meal substitute will propel you toward your goal. Replace one meal a day with a protein, fiber and nutrient-packed BENew shake and feel great without feeling hungry.*

Key active ingredients: 17 grams high quality whey and pea protein isolate, fibers, including apple pectin, and vitamins and minerals.

Gentle Cleanse

Convert your body to a healthy, receptive state maximized for weight loss with the BENew™ Gentle Cleanse. Your system will gradually become detoxified as it responds to the strategic blend of natural herbs and fibers. This cleanse helps you jumpstart and maintain a dynamic weight loss transformation.*

Key active ingredients: Senna, casgara sagrada, fruit and vegetable fibers, and SeaNine® sea vegetable blend.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**LEARN MORE ABOUT THE
 BENew™ WEIGHT LOSS
 PROGRAM BY CONTACTING:**