



Manufactured by Life Force®
12460 Kirkham Court
Poway, CA 92064, USA
(800) 531-4877 • www.lifeforce.net

BENew™ Protein Shake Vanilla

Product Name: BENew™ Protein Shake Vanilla, 870 g.
(30.69 oz.)

Item No: 50044, single pouch. Available in other quantities.

Characteristics: BENew™ Protein Shake Vanilla healthy meal substitute will propel

you toward your goal to slim down or lean up by providing:

- 17 grams of protein per serving from high quality whey and pea protein isolate.
- A full spectrum of vitamins, minerals and essential fatty acids.
- A proprietary enzyme blend called Enzyboost™.
- High quality fiber.

Benefits: BENew™ Protein Shake Vanilla supports your weight and fitness goals by:

- Providing a simple, easy to consume, and delicious meal replacement once a day.
- Helping you feel great without leaving you hungry.
- Providing your body with the protein, fiber, and minerals it needs to achieve the healthy, fit body you desire.

Color: Off-white

Flavor/Taste: Vanilla

Texture: Powder

Servings per container: 30

Storage/Shelf Life:

- Unopened – Shelf stable for 18 months when stored at room temperature, sheltered from light and moisture, and product is kept in its original packaging.
- Opened – For the best benefits, shake gently before use. Store in a cool, dry place. To preserve freshness, consume within 4 to 5 weeks of opening.

Recommended Daily Intake: Thoroughly mix or blend two heaping scoops (29 g) in 355 mL of 1% milk or milk substitute (unsweetened almond milk or rice milk) or in 296 mL of water. Best when consumed within 30 minutes after mixing.

Contains: Whey (derived from milk)

General: All of Life Force International products are manufactured following cGMPs in compliance with the US Food and Drug Administration's cGMPs Regulations (21 CFR 110).

Although highly nutritious, BENew™ Protein Shake Vanilla does not meet all of your daily needs and should not be the only meal you consume throughout any given day. Keep out of reach of children. Pregnant or lactating women should consult their healthcare professional prior to using any new product. Satisfaction guaranteed.



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





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BENew™ Protein Shake Vanilla

Supplement Facts			
Serving Size		2 Heaping Scoops (29 g)	
Servings Per Container		30	
Amount Per Serving (10 oz Water)	% DV*	Amount Per Serving (12 oz 1% Lowfat Milk)	% DV*
Calories 120		Calories 285	
Calories From Fat 18		Calories From Fat 48	
Total Fat 2 g	3%	Total Fat 5.75 g	9%
Saturated Fat 0 g	0%	Saturated Fat 2.25 g	11.25%
Trans Fat 0 g		Trans Fat 0 g	
Cholesterol 10 mg	3%	Cholesterol 25 mg	9%
Sodium 120 mg	5%	Sodium 315 mg	13%
Total Carbohydrate 9 g	3%	Total Carbohydrate 27 g	9%
Dietary Fiber 3.5 g	14%	Dietary Fiber 3.5 g	14%
Sugars 5.5 g		Sugars 23.5 g	
Protein 17 g	34%	Protein 29 g	58%
Vitamin A (as Beta Carotene) 1670 IU	30%	<p>Other Ingredients: Protein Blend (Whey Protein Isolate, Pea Protein Isolate), Apple Pectin Fiber, Glycerine, Vanilla Flavor, Cellulose Gum, Xanthan Gum, Carrageenan, Oligo Fiber, Omega 3, 6, 9 Oil, Lecithin (Sunflower), EnzyBoost® (Containing an Aspergillus Analog: Protease, Amylase, Lipase, Cellulase, Coral Calcium, Magnesium Yeast, Zinc Gluconate, Manganese Gluconate), Purified Stevia Extract (Leaf), Natural Flavor.</p> <p>Note: Although highly nutritious, BEfull™ does not meet all of your daily needs and should not be the only meal you consume throughout any given day.</p> <p>Warning: Keep out of reach of children. Pregnant or lactating women should consult their healthcare professional prior to using any new product. Satisfaction guaranteed.</p> <p><i>Net Weight 30.69 oz. (870 g)</i></p>	
Vitamin D3 (as Cholecalciferol) 65 IU	15%		
Vitamin E (as d-Alpha Tocopheryl Succinate) 5 IU	15%		
Biotin 30 mcg	10%		
Folic Acid 70 mcg	15%		
Niacin (as Niacinamide) 1.65 mg	7.50%		
Vitamin B1 (as Thiamin HCl) 0.5 mg	30%		
Vitamin B12 (as Cyanocobalamin) 2 mcg	30%		
Vitamin B2 (as Riboflavin) 0.4 mg	25%		
Vitamin B6 (as Pyridoxine HCl) 0.65 mg	30%		
Vitamin C (as Ascorbic Acid) 60 mg	100%		
Vitamin K1 (as Phytonadione) 13 mcg	15%		
Chromium (as Chromium Chloride) 30 mcg	25%		
Copper (as Copper Gluconate) 0.15 mg	7.50%		
Iodine (as Potassium Iodide) 20 mcg	15%		
Iron (as Ferrous Gluconate) 0.77 mg	4%		
Manganese (as Manganese Gluconate) 0.77 mg	35%		
Molybdenum (as Sodium Molybdate) 7.5 mcg	10%		
Selenium (as Sodium Selenite) 30 mcg	40%		
Zinc (as Zinc Gluconate) 0.77 mg	5%		
Calcium (as Calcium Carbonate and Coral Calcium) 100 mg	10%		
Boron (as Boron Citrate) 7.7 mcg	†	<p>* Percent Daily Values (DV) are based on a 2,000 calorie diet. † Daily Value not established.</p>	
Vanadium (as Vanadyl Sulfate) 0.1 mg	†		

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BENew™ Protein Shake Chocolate

Product Name: BENew™ Protein Shake Chocolate, 966 g. (34.07 oz.)

Item No: 50045, single pouch. Available in other quantities.

Characteristics: BENew™ Protein Shake healthy meal substitute will propel you toward your goal to slim down or lean up by providing:

- 17 grams of protein per serving from high quality whey and pea protein isolate.
- A full spectrum of vitamins, minerals and essential fatty acids.
- A proprietary enzyme blend called Enzyboost™.
- High quality fiber.

Benefits: BENew™ Protein Shake supports your weight and fitness goals by:

- Providing a simple, easy to consume, and delicious meal replacement once a day.
- Helping you feel great without leaving you hungry.
- Providing your body with the protein, fiber, and minerals it needs to achieve the healthy, fit body you desire.

Color: Light brown

Flavor/Taste: Chocolate

Texture: Powder

Servings per container: 30

Storage/Shelf Life:

- Unopened – Shelf stable for 18 months when stored at room temperature, sheltered from light and moisture, and product is kept in its original packaging.
- Opened – For the best benefits, shake gently before use. Store in a cool, dry place. To preserve freshness, consume within 4 to 5 weeks of opening.

Recommended Daily Intake: Thoroughly mix or blend two heaping scoops (29 g) in 355 mL of 1% milk or milk substitute (unsweetened almond milk or rice milk) or in 296 mL of water. Best when consumed within 30 minutes after mixing.

Contains: Whey (derived from milk)

General: All of Life Force International products are manufactured following cGMPs in compliance with the US Food and Drug Administration's cGMPs Regulations (21 CFR 110).

Although highly nutritious, BENew™ Protein Shake does not meet all of your daily needs and should not be the only meal you consume throughout any given day. Keep out of reach of children. Pregnant or lactating women should consult their healthcare professional prior to using any new product. Satisfaction guaranteed.



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BENew™ Protein Shake Chocolate

Supplement Facts		2 Heaping Scoops (32.2 g)	
Serving Size		30	
Servings Per Container			
Amount Per Serving (10 oz Water)	% DV*	Amount Per Serving (12 oz 1% Lowfat Milk)	% DV*
Calories 145		Calories 310	
Calories From Fat 22		Calories From Fat 52	
Total Fat 2.5 g	4%	Total Fat 6.25 g	10%
Saturated Fat < 1 g	0%	Saturated Fat 2.35 g	11.75%
Trans Fat 0 g		Trans Fat 0 g	
Cholesterol 10 mg	3%	Cholesterol 25 mg	9%
Sodium 135 mg	6%	Sodium 330 mg	13.75%
Total Carbohydrate 13 g	4%	Total Carbohydrate 31 g	10%
Dietary Fiber 3.5 g	14%	Dietary Fiber 3.5 g	14%
Sugars 9.5 g		Sugars 27.5 g	
Protein 17 g	34%	Protein 29 g	58%
Vitamin A (as Beta Carotene) 1670 IU	30%	<p>Other Ingredients: Protein Blend (Whey Protein Isolate, Pea Protein Isolate), Chocolate Powder Blend, Apple Pectin Fiber, Glycerine, Cellulose Gum, Xanthan Gum, Carrageenan, Oligo Fiber, Omega 3, 6, 9 Oil, Lecithin (Sunflower), EnzyBoost® (Containing an Aspergillus Analog: Protease, Amylase, Lipase, Cellulase, Coral Calcium, Magnesium Yeast, Zinc Gluconate, Manganese Gluconate), Purified Stevia Extract (Leaf), Natural Flavor.</p> <p>Note: Although highly nutritious, BEfull™ does not meet all of your daily needs and should not be the only meal you consume throughout any given day.</p> <p>Warning: Keep out of reach of children. Pregnant or lactating women should consult their healthcare professional prior to using any new product. Satisfaction guaranteed.</p> <p><i>Net Weight 34.07 oz. (966 g)</i></p>	
Vitamin D3 (as Cholecalciferol) 65 IU	15%		
Vitamin E (as d-Alpha Tocopheryl Succinate) 5 IU	15%		
Biotin 30 mcg	10%		
Folic Acid 70 mcg	15%		
Niacin (as Niacinamide) 1.65 mg	7.50%		
Vitamin B1 (as Thiamin HCl) 0.5 mg	30%		
Vitamin B12 (as Cyanocobalamin) 2 mcg	30%		
Vitamin B2 (as Riboflavin) 0.4 mg	25%		
Vitamin B6 (as Pyridoxine HCl) 0.65 mg	30%		
Vitamin C (as Ascorbic Acid) 60 mg	100%		
Vitamin K1 (as Phytonadione) 13 mcg	15%		
Chromium (as Chromium Chloride) 30 mcg	25%		
Copper (as Copper Gluconate) 0.15 mg	7.50%		
Iodine (as Potassium Iodide) 20 mcg	15%		
Iron (as Ferrous Gluconate) 0.77 mg	4%		
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